



Sydney Chinese Lions

MONTHLY BULLETIN

17 September 2013

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Editorial

A Gala Dinner jointly organized by Sydney Chinese Lions, TVB Australia and the Zilver Group to raise funds for CanReLive, held on the first day of Spring (September for Australia) was another great success. Many of the "full house" crowd of 400+ were fans of TVB entertainers Joey Man (萬綺雯) and Moses Chan (陳豪) who made special appearances that evening. Towards the end of the dinner, Sydney Chinese Lions presented a cheque for \$10,000 to CanReLive as the first instalment of their donation. Upon collection of all monies pledged, the final amount of donation will be announced and presented in due course.

District Governor Lion Warren Nathan, accompanied by his lady Lion Marilyn and Cabinet Secretary Lion Dale Campbell visited our Club at our September Members Meeting. A video announcing the targets of Lion Barry Palmer AM, the first ever Australian International President, was presented at the meeting. DG Warren also gave a talk about the goals of Interna-

tional President Barry and the goals of his term as well.

Towards the end of the month, the Sydney Chinese Lions Annual Health Talks Expo Week will be held at Club Central, Hurstville. Talks on the first Saturday (28/9) are conducted solely in Cantonese and, on the second Saturday (5/10), solely in Mandarin. All displays and the public talks are open to the public free of charge.

The date of the 2014 Charity Ball has been scheduled on Saturday, 15 March 2014. This time we are going to a new venue: the Allphones Arena in Homebush. The Australian Red Cross (NSW) will again be the Major Beneficiary. Please mark your diary to come along and support us on the day.

We may or may not be aware that quite a substantial portion of the funds generated from our annual Charity Balls are actually sourced from Open Auctions, Silent Auctions and Raffle tickets sales. Each and every single one of us will then

be helping a lot with the success of Charity Ball 2014 by assisting to solicit donations for items and prizes suitable for Open Auctions (for values of several thousand dollars), for Silent Auctions (minimum value of \$300) and raffles (minimum value of \$50). Sydney Chinese Lions, please let us all assist in this worthy endeavour.

The Bathurst District N5 Convention will be held on 15-17 November 2013. This year Sydney Chinese Lions are nominating Past President Lion Dr Anthony Cheung to be District Governor (2014-2015). The Club is also promoting their hosting of the next District Convention at the Castle Hill RSL Club. Many Sydney Chinese Lions have already registered for the Bathurst Convention but the more the merrier. Do come to Bathurst and lend your support. Join in the fun and be part of the history electing one of our own Club members to the highest office in our Lions District.

By Lion Henry Leung

Special Points of Interest:

A Gala Dinner held at the Eight Restaurant with special appearances from TVB entertainers

DG Lion Warren Nathan attended our September Members Meeting as Special Guest

SCL Annual Health Talks Expo Week 2013

SCL next Charity Ball has been scheduled on 15 March 2014

District N5 Convention in Bathurst: 15-17 November 2013

Reminder: payment of outstanding annual dues



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Sydney Chinese Lions and Guests at September 2013 Members Meeting

A Message from International President

Lion Barry J Palmer AM

Just wanted to share my September email to club presidents with you...

I'm asking club leaders to focus on adding members for New Membership Growth Month in October. I'm also encouraging clubs to use the media to recruit new members and promote their projects and events. LCI has launched a new press release page just for clubs to make it easy, and there's even a press release to help recruit new members, so check it out!

Lion Barry J. Palmer
Your International President



Sharing the Dream

Barry J. Palmer International President's Message



A Message from International President

Lion Barry J Palmer AM (contd.)

Dear Lions

It's difficult to explain to people exactly what Lions do. After all, we do so much. It's far easier to explain *why* we do what we do – we want to give back to the community and make dreams come true. Your community needs you. In fact, it needs more people like you.

October is New Membership Growth Month, and I'd like your club to set a goal of adding at least one new member. New members bring fresh ideas, keep clubs healthy, and increase your ability to serve. When Lions sponsor and report a new member in October, they'll receive a [Membership Growth Award](#) Pin. And if your club adds new members in both October and April, you'll receive a Membership Growth Award Banner Patch.



Be sure to give your recruiting a boost with *Just Ask!*, and remember that men and women make great Lions!

Promote Your Club in the Media!

Want to get more media coverage for your club? The new [club press release page](#) provides easily customized press releases that give you a fast, effective and inexpensive way to get more attention for your service projects, fundraising events and success stories. And when people know more about the great things you do, they're more likely to join. There's even a press release for recruiting new members, so download it today and get the word out!



Share the Vision in October!

As Lions, we serve. That's why I'm asking your club to conduct a vision-related service project for our Sharing the Vision Campaign in October. You can conduct a vision screening, assist a recreational camp for the visually impaired, or serve at an eye bank, guide-dog school or rehabilitation center for the blind. You can sponsor an eye health presentation at a local school or organize a recreational activity for the visually impaired. It can even be as simple as helping someone you know who is adjusting to vision loss or blindness.

[Get more ideas, resources and a press release](#) from the Sharing the Vision Web page, and remember to share your project through the online Service Activity Report!



**Sydney Chinese Lions are privileged and honoured to have inducted
Lion Barry Palmer AM as Associate Member on 5 August 2009**

A Message from Chairperson Lions Clubs International Foundation

Dear Lions,

Did you know that up to 80 percent of global blindness is preventable? Lions and LCIF are working hard to reduce that number and I am happy to say that we are making a difference.

An example of this is our efforts and partnerships aimed at eliminating onchocerciasis (river blindness), a disease that can lead to blindness. Last month, I was able to join former U.S. President and Lion Jimmy Carter at a special celebration in Colombia. Through the work of LCIF and Lions, The Carter Center, the Colombian government and other dedicated people and organizations, Colombia became the first of six countries in the Americas to eliminate river blindness. I am so proud of our role in this achievement.



It is through the SightFirst program that LCIF helps Lions deliver services that target diseases such as river blindness, cataract and trachoma; build or expand facilities; train professionals; and build awareness about eye health in underserved communities. LCIF also supports many services for the visually impaired, including education and rehabilitation. Just last week, LCIF's SightFirst Advisory Committee approved 32 SightFirst grants for a total of US\$7.5 million. These projects will help Lions in Belize, the United States, Brazil, Nepal and other countries complete diverse sight-saving projects.

I was recently able to see a great example of a project in the United States at the Spectrios Institute for Low Vision in Illinois. There, dedicated staff and doctors help people with low vision obtain tools, technology, training and support. An LCIF grant helped expand a portion of the institute, and it was inspiring to hear the stories of the people who have been helped.

From helping a country eliminate a blinding disease to helping a person with reduced vision realize that they can still read, you are making a difference. And LCIF is here to help you make that difference.

Sincerely,

Lion Wayne Madden
Chairperson, Lions Clubs International Foundation

***Sydney Chinese Lions are privileged and honoured to have inducted
International President Wayne Madden as Associate Member on 7 July 2011***

Health Talks Expo 2013



雪梨華人獅子會 2013 週年健康講座

www.sclhealthexpo.org

不設門票
先到先得

好市圍 Club Central 二樓演講廳
(2 Crofts Avenue, Hurstville)



2013年9月28日(星期六)
9:30am - 4:00pm (上午九時半至下午4點)

2013年10月5日(星期六)
9:30am - 4:00pm (上午九時半至下午4點)

廣東話主講

Dr. Ken Loi	(腸胃外科醫生)	減肥手術與糖尿病控制
Dr. Ellis Choy	(整形外科醫生)	乳房整形外科用途
Dr. Eric Wong	(胸肺科醫生)	睡眠呼吸障礙症狀
Dr. Aaron Yeung	(心臟病醫生)	了解冠狀動脈疾病
Dr. Muh Geot Wong	(腎科醫生)	糖尿病及腎病：體徵和症狀
Dr. Tony Kuo	(耳鼻喉醫生)	常見耳鼻喉疾病與保健
Dr. Kenneth Ho	(內分泌科醫生)	糖尿病與你
Dr. Audrey Wang	(泌尿科醫生)	前列腺肥大問題

普通話主講



免費

肝炎講座
驗血



*贈送血糖儀
*Conditions apply 詳情查詢

免費

醫生諮詢有關

- ☒ 血壓
- ☒ 血糖
- ☒ 體重

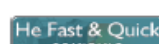
BreastScreen
NEW SOUTH WALES

乳房檢查講座，
可免費預約，
有華語服務

贊助機構



支持機構



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The Lions Club of Sydney Chinese Inc.

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www.sydneychineselions.org.au

We Serve

The Lions Club of Sydney Chinese Inc. is a member of Lions Clubs International, an international non profit community service organization, upholding a common motto "WE SERVE". Today, there are Lions clubs in 208 countries and geographical areas all over the world. In District 201N5, which covers the Sydney area and Norfolk Island, there are some 70 clubs with around 1,650 members. Amongst these, there are around 7 Chinese-based clubs. Sydney Chinese Lions is the first of these Chinese-based clubs chartered in April 1995.

Over the past eighteen years, under the leadership of President Jason Zhang, Past President & 1st Vice District Governor Dr Anthony Cheung, Past President Mei Cheng and other Past Presidents, in conjunction with the relentless effort of its members, and on top of all these, the generous donations and sponsorships received from the community, the club has donated over \$550,000 to a number of charities including the Royal Flying Doctor Service of Australia, St John (NSW), the Australian Red Cross, Lions Clubs International Foundation, CareFlight, the Sir David Martin Foundation, the Fred Hollows Foundation, Westmead and Concord Hospitals, the Children's Mobility (Hart Walker) Foundation and the Elderly Australian Chinese Homes. Thousands have reaped the benefits. The club is also mindful of the well being and good health of the community, hence they have in place their annual health seminars, teal ribbon scholarships and traditional Chinese Medicine Research Scholarships.

Visit us at our Award Winning Website
www.sydneychineselions.org.au

Upcoming Events

Function	Venue/ Dress Code	Date & Time	Cost per person
Sydney Chinese Lions Health Talks Expo Week Day 1	Cantonese Presentations only	Saturday, 28 September 2013	Open to the Public
October Members Meeting Sydney Chinese Lions	Zilver Restaurant	Wednesday, 2 October 2013	\$30 per person
Sydney Chinese Lions Health Talks Expo Week Day 8	Putonghua Presentations only	Saturday, 5 October 2013	Open to the Public
Sydney Chinese Lions Christmas Party 2013	Zilver Restaurant	Wednesday, 11 December 2013	\$50 per person

For bookings please contact:

Secretary Sophie He (mobile: 0406 768 015, email: sophiatinghe@gmail.com)