



Sydney Chinese Lions

MONTHLY BULLETIN

25 September 2012

Volume IX, Issue IX

Editorial

Sydney Chinese Lions will be busy at the District N5 Lithgow Convention to be held during 16-18 November 2012. Our club will be presenting two nominations at this Convention: Past President Lion Dr Anthony Cheung for 1st Vice District Governor and Lion May Wong for 3-year Director of the Lions Nurses Scholarship Foundation Board. If everything goes smoothly, Lion Dr Cheung will very likely become the first Australian Chinese District Governor of N5 in 2014-2015.

Recent trends suggest that the Sponsoring Club of the District Governor of the year customarily hosts the District Convention. At the Lithgow Convention this year, our Club, under the leadership of President Lion Mei and Bidding Committee Chair Lion Dr Danforn Lim will be making a bid to host the 2014 District N5 Convention at the Castle Hill RSL Club. To date, more than 12 Lions from our Club have registered for the Lithgow Convention. But the more the merrier. Do come to the Lithgow Convention to support us. Also bear in mind that you can have your

attendance at the Convention tailor-made to suit your own weekend schedules.

There are some members who are yet to be financial for 2012-2013 (due 30/6/12). If you are yet to pay, please settle your annual dues soon. We need Loving Individuals like yourselves to stay in our team to Offer Needed Service to those less fortunate in our community.

Our September Members Meeting was a hit. It was attended by over 60 members and guests. It was also nice to see so many young faces and enthusiastic individuals at the meeting.

The Sydney Chinese Lions Annual Health Talk Day will be held this year on Sunday, 14 October 2012 at the Burwood RSL Club in partnership with the Australian Chinese Psychological Association. Like previous years, Lion Dr Danforn Lim is again the Chairman of the Organizing Committee of the 2012 Health Talks.

Finally, in December we will be having our Christmas Party at the same time as the

December Members Meeting. This year it will be held on Wednesday, 19 December at the Zilver Restaurant. Tickets are still at \$50 per head --- no inflation. Please mark your diary as not to miss the fun.

By Lion Henry Leung

Special points of interest:

- > SCL will be participating at the District N5 Lithgow Convention in November
- > Please pay Membership fee if you are yet to do so
- > SCL Annual Health Talk Day on 14 October 2012 at Burwood RSL Club
- > SCL Christmas party on Wednesday, 19 December at Zilver Restaurant



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Sydney Chinese Lions at August SCL Members Meeting 2012

Message from International President Madden

Dear Lion,

I was a lucky child. My hometown of Auburn, Indiana, USA, had a well-stocked public library. In fact, the school I attended had one, too. I even had books of my own. One of my favorites was *Journey to the Center of the Earth*.

Most children around the world, even in many developed countries, have little or no access to reading material and that is a key reason why one in four people of reading age cannot read. Illiteracy severely limits individuals and communities struggling with poverty, disease and other social ills.

We Lions are changing that. By participating in Lions Clubs International's global [Reading Action Program](#), Lions are organizing book drives, donating computers and Internet service to local schools and providing books for very young children to new parents. See what your club can do to promote literacy by viewing [RAP Resources](#). The resources and project ideas will help your club earn a [RAP Banner Patch Award](#).

Because literacy depends on good vision or the ability to read Braille, this newest service program is intrinsically linked to our signature initiatives: sight preservation and service to the blind. We renew our commitment to sight yearly with [World Sight Day](#) and the [Sharing the Vision](#) Global Service Action Campaign, scheduled this year for October. Now is the time to plan your club or district's participation in this worldwide effort of all Lions. Please see [Sharing the Vision](#) for [project ideas](#) and other resources.

Reaching into new frontiers like literacy is one way that Lions are expanding our worldwide impact. Another crucial way is by establishing new clubs to bring Lions service to communities where it is needed and by increasing club membership to provide more and better service in those communities we now serve. Please work closely with [GLT](#) and [GMT](#) representatives in your area to make this happen.

Sincerely,

Wayne A. Madden
International President

***Sydney Chinese Lions are privileged and honoured to have inducted
International President Wayne Madden as Associate Member on 7 July 2011***

A Message from Chairperson

Lions Clubs International Foundation

Dear Lion,

As a parent, I know the importance of supporting children in every way possible. And, as a Lion, I know the influence and impact our association can have on youth. I experienced this last year in working with Leo clubs around the world. Each time I met a Leo, I was inspired by their enthusiasm and dedication to service. It is important to give our support to these young adults and others in our communities.

As Chairperson of our Foundation, I am also inspired by how LCIF supports youth. LCIF's [Lions Quest](#) program teaches students in all grades how to interact with others in a positive way, and how to understand one another. These skills are sometimes overlooked and yet, much needed. Lions Quest has been proven to improve test scores, change attitudes about substance abuse and violence and lower the risk of dropping out of school.

Lions Quest has impacted over 12 million students around the world and trained over 500,000 teachers to teach these vital skills in the classroom. Now, Lions Quest not only reaches children in school, it also supports children outside of school through its new program, Out-of-School Time. This program can be used in community centers, Lions camps and any other place where students go outside of school. By giving students support both in and out of school, it enables them to make better choices and lead more positive lives.

As you work to "Engage our Youth" through this month's Global Service Action Campaign, I hope you remember that our Foundation not only supports youth through Lions Quest, but also through [grant projects](#). Imagine the joy of a disabled child when a playground is built allowing them to finally participate in play. Imagine giving children a home off of the streets. Imagine saving the sight of a child through an eye screening. These projects are made a reality through LCIF.

Improving the health of young people is an important role of our Foundation. One way that you can do that through LCIF is by supporting the [One Shot, One Life: Lions Measles Initiative](#). When you believe in One Shot, One Life, you are supporting Lions' efforts to be a leading force in measles prevention.

Last October, the Bill & Melinda Gates Foundation challenged Lions to raise US\$10 million for measles. [We need to act today](#) to help save 157 million children around the world from measles and to meet the challenge this year. We are at nearly seventy percent of our goal. Will you help us meet this challenge? Every dollar can make a difference in the life of a child.

Thank you for believing in and supporting our youth. Together, we can give the next generation skills to enjoy their childhood and grow into successful adults.

Wing-Kun Tam
Chairperson, Lions Clubs International Foundation

***Sydney Chinese Lions are privileged and honoured to have inducted
International President Wing-Kun Tam as Associate Member on 26 June 2010***



Wing-Kun Tam
Chair, LCIF

Sydney Chinese Lions Health Talk 2012

雪梨華人獅子會 澳華心理學會 聯合主辦

2012年度「雪梨華人獅子會週年健康講座日」

給心靈減壓 為人生添彩

14.10.2012 星期日 9:30am – 4:30pm 粵語/國語健康講座 不設門票 先到先得 免費入場

地點: Burwood RSL Club 2樓大禮堂 (96 Shaftesbury Road, Burwood)

查詢: 9267 5977 洪小姐

精神科顧問醫生、家庭醫生、註冊心理學家等與你分享如何培養兒童情商、如何經營美滿婚姻華人和如何在澳洲職場上生存和融入。

雪梨華人獅子會 澳華心理學會 聯合主辦

2012年度

雪梨華人獅子會
週年健康講座日

給 ❤ 靈減壓
為人生添彩

西醫、中醫和心理學家與你分析探討:

- ✓ 兒童情商-如何贏在起跑線
- ✓ 虎媽教育的利與弊
- ✓ 中年職場求生法及工傷賠償
- ✓ 如何營造美滿婚姻
- ✓ 長者生理心理健康及養生食療

講員:

林奇恩醫生博士 陳曙儀中醫師 馬信誠先生
吳昭熙醫生 黃貝爾女士 米莎女士 來曉雲女士

2012年10月14日 (星期日)
上午 9:30 至下午 4:30
Burwood RSL Club 2樓大禮堂
(96 Shaftesbury Road, Burwood)

查詢請致電

(02) 9267 5977 洪小姐



粵語/國語健康講座
不設門票, 先到先得, 免費入場

溫馨提示: 敬請注意, 本講座所提供之所有資訊(包括問答時間)只可作參考之用, 並不能以此構成任何醫患之關係。
若與會人士以此自行作出任何臨床決定而未經閣下之主診醫生或專業健康從業人員認可。
雪梨華人獅子會與澳華心理學會及所有講員一概不負上任何法律上之責任。

支持機構



澳華醫學會

love
wellbeing
Women's Wellbeing Community



HI HO, HI HO, We're off to old LITHGOW



THE 201-N5 CONVENTION



IS AT



LITHGOW

16th . 17th . 18th
November 2012

Motels are on notice
The Community is worried
But we're coming anyway
Hope you're coming also!!!!

Fill in the hospitality form now to maximize the discounts
Or please:

If you don't want to pay now, Fill it in and pay later so that we
can get an indication of numbers

More details later

Prize to use or raffle (value \$250) for the Club with the highest percentage of members attending.
Percentage relative to Club total membership numbers as per October WMMRs.

Lion Anthony Cheung's Campaign Flyer

Lions Recognitions

- ★ Melvin Jones Fellow
- ★ International President's Letter of Commendation
- ★ International President's Certificate of Appreciation
- ★ International President's Membership Achievement Award (3)
- ★ Membership Key Award - Master Builder (25 new members)
- ★ Year Round Membership Growth Excellence Award (6)
- ★ Senior Lions Leadership Institute Badge
- ★ Certified Guiding Lion
- ★ Extension Award
- ★ District Governor's Award (2)
- ★ District Chairman Award (2)
- ★ District Governor's Certificate of Appreciation
- ★ Club President's Appreciation Award (4)
- ★ Club President's Chairman Award

Lion Anthony's Objectives

- ◆ To support & assist my preceding DG's to achieve their goals for LCI and N5;
- ◆ To help achieve membership retention & growth by working with the GMT team;
- ◆ To help my fellow Lions to develop leadership skills by working with the GLT team;
- ◆ To foster a sense of belonging to Lions and raise the level of participation in District functions;
- ◆ To encourage Lions to organise genuine FUN functions for their own members;
- ◆ To raise the profile of Lions in our communities.

Club Nomination

The Lions Club of Sydney Chinese Inc is delighted to endorse Lion Anthony Cheung as their nomination for 1st Vice District Governor of District 201N5 2013-14.

Lion Anthony has been an active and enthusiastic member of our club since his induction in 1999.

During his presidency between 2004 to 2009, our club's membership doubled and exceeded the 70 mark. He laid such a good foundation that the club's membership now exceeds 140 and is well poised for further growth.

Sydney Chinese Lions are privileged to have 6 very special Associate Members. Thanks to Lion Anthony's efforts, invitations to be Associate Members of our club were accepted by International President Wayne Madden, Immediate Past International President Wing-Kun Tam, International 1st VP Barry Palmer, International 2nd VP Joe Preston, Past International President Sid Scruggs III & PID Tapani Rahko of Finland.

Since 2004, Lion Anthony has been serving as Chair of our Annual Charity Balls, our major annual fundraising event. Over the past eight years alone, our club has donated over \$400,000 to Lions projects - LCIF, Australian Lions Quest, Australian Lions Children's Mobility Foundation, Youth Exchange, Campaign SightFirst II, Queensland Flood Relief Appeal, Lions Give Back to the Country Project, as well as other charities including the Royal Flying Doctors, CareFlight, Australian Red Cross, the Sir David Martin Foundation and St John Ambulance.

Lion Anthony Cheung Ph.D.

Anthony was born in Hong Kong. He migrated and settled in Sydney in 1988.

Anthony went to school in Hong Kong and then onto university where he earned his Master of Education and Master of Arts degrees prior to his Ph.D. in Applied Linguistics from Nottingham University. He was elected a Fellow of the Institute of Linguists, UK in 1988.

Anthony has been a language educator for a good part of his career. He has over 35 years' experience in the design, management & implementation of English language programs at the secondary and tertiary levels. Between 1990 and 2007, he worked as a Coordinator at the Institute of Languages, University of NSW. He was appointed Acting Head of different Departments on many occasions.

Anthony has accumulated a respectable list of published conference papers and is the author of books entitled *Writing Business Reports* and *Writing Business Letters* which are published in Australia & China. He has taken part in consultancy work across a range of businesses.

One of his recent achievements is successfully brokering a Friendship Cities alliance between Hornsby Shire and the City of Xian, China.

Anthony met his wife, Emma, in Hong Kong in 1980. Emma was then a high school English and History teacher. They were married in 1981 and moved to Sydney in 1988. They have a daughter, Janice, a practising optometrist, who is also a Lion currently serving as Secretary at Sydney Chinese.

Anthony enjoys singing. Being a church choir member at 16 and a high school choir conductor at 21 contribute much to his current profile.

Under Lion Anthony's stewardship, our club has initiated Humanitarian scholarships, Teal Ribbon scholars schemes, traditional Chinese medicine post-graduate research scholarships (with University of Technology and Science), visitations to the elderly, etc, resulting in excellent media coverage for both Lions and our club.

Our monthly bulletins have repeatedly won District awards, including the prestigious Ted Tricker Memorial Bulletin Award in 2010. In the 2009-10 Lions Year, our bulletin and website both won an Honorable Mention (Runner-up) at the LCI International Contest whilst Lion Anthony was Chief Editor.

Lion Anthony is currently serving as 2nd Vice District Governor of District N5. His dedication and performance has been exemplary. We believe Lion Anthony will make a great leader of our District based on his track record. We encourage the Lions of 201N5 to elect Lion Anthony as

**1st Vice District Governor
2013-14 for District 201N5**

Lion Mei Cheng JP
President
The Lions Club of Sydney Chinese Inc



Lion Clubs International



Lion Anthony Cheung Ph.D.
Candidate for
1st VICE DISTRICT GOVERNOR
2013-2014 District 201N5

Nominated by
The Lions Club of Sydney Chinese Inc

Lions History

Lions Year	Club Level	District Level	International Level
1999-2000	Induction		
2000-2001	Director		
2001-2002	Director		
2002-2003	Vice President	Extension Coordinator	
2003-2004		Extension Coordinator	
2004-2005	President Ball Chair Bulletin Editor		
2005-2006	President Ball Chair Bulletin Editor		
2006-2007	President Ball Chair Bulletin Editor		
2007-2008	President Ball Chair Bulletin Editor	Lion Mint Chair	
2008-2009	President Ball Chair Bulletin Editor		Coordinator (Australia), Dr WK Tam's Election Campaign for International 2nd Vice President
2009-2010	Public Officer Ball Chair Bulletin Editor		
2010-2011	Public Officer Bulletin Editor	Zone 5 Chair;	Coordinator (Australia), Dr WK Tam's Election Campaign for International President; Member, Sponsorship Sub-Committee, PID Barry Palmer's Election Campaign for International 2nd Vice President
2011-2012	Public Officer Ball Chair Bulletin Editor	Zone 4 Chair	
2012-2013	Public Officer Bulletin Editor	2nd Vice District Governor	

Lion May Wong's Campaign Flyer

Lion May Wong

Lion May is expected to become a qualified medical doctor when she graduates from her course, Bachelor of Medicine and Surgery at the end of this year from the University of New South Wales. Following the footsteps of her parents, Lion May is the daughter of two family doctors who migrated from Hong Kong in the 1980s. They are heavily involved in maintaining the health of the elderly Chinese Australian population in the Inner West Region. As a result, she has applied the same mantra and beliefs, being actively involved in health promotion amongst the community.

In 2006-2007, Lion May instituted a number of English as a Second Language for Migrants classes organised by CSSS, a project which provided free English classes for children who had recently migrated to Australia. She found this a rewarding experience to witness their progression from having a vocabulary of just a few English words, to engaging in a comprehensible dialogue with others. From 2007 onwards, she shifted her focus towards medical efforts in concordance with the completion of her degree in Medicine. In 2009, she travelled overseas and hosted a Toys Fair Day for children with Multiple Sclerosis and raised HK\$15,000 while acting as Expo Ambassador for the Hong Kong Social Welfare Department.

On an academic platform, Lion May was the DUX of her high school and received a University Admissions Index of 100 in 2006. She has also embarked on scientific research whilst pursuing her medical degree, guided by some of the NSW's most highly

regarded researchers.

In 2010, she completed a one-year research project in the Surgical and Orthopedics laboratory at the Prince of Wales Hospital. Lion May subsequently presented her results internationally at the Australian and New Zealand Orthopedics Conference and to her peers at the inaugural Australian Surgical Students Conference. She continued this strong interest in research and was selected as the Multiple Sclerosis Vacation Scholar. Here, she studied the effects of microglia in demyelinating disorders. Furthermore, she has published several articles as the primary author in international and national journals.

In 2011, she pursued her elective at Queen Mary Hospital in Hong Kong where she conducted research into Hepatology, as conditions like Hepatitis and Hepatocellular Carcinoma were more prevalent in that locale.

Currently, she is planning to undertake a 2-month research program in renal fibrosis in the coming Australian summer with Kidney Health Australia at the Royal North Shore Hospital.

She has been involved with the Interprofessional Educators program at the South Eastern Sydney Local Health District which involved ward simulation with nurses, physiotherapists and pharmacists. This interest in research and unique involvement with allied health makes her an ideal candidate for the 3-Year Directorship of the Lions Nurses Scholarship Foundation Board.

In her spare time, May enjoys playing badminton. At present, she still dedicates time tutoring migrant students English.



Lion Clubs International



Lion May Wong

**Candidate for
3-Year Director of
the Lions Nurses Scholarship Foundation Board
District 201N5**

**Nominated by
The Lions Club of Sydney Chinese Inc**

Club Nomination

The Lions Club of Sydney Chinese Inc is delighted to endorse Lion May Wong for the position of 3-Year Director of the Lions Nurses Scholarship Foundation Board.

Lion May has been an active and enthusiastic member of our club since her induction in 2011. She has been keenly involved in activities such as the Sydney Chinese Lions Health Talk Day "East Meets West" organized by Lion Dr. Dan-forn Lim. Held at the Hurstville RSL Club, the Health Talk was a program designed to educate the public about chronic medical conditions with a focus on primary prevention. Her role as a medical personnel was altogether fitting for this very meaningful Club project. Lion May also helped out at the Club's high profile Charity Ball 2012, held for the eighth time in a row at the Sydney Convention and Exhibition Centre at Darling Harbour. This was our major annual fundraising event in 2012. On that occasion, the Lions Clubs International Foundation as the Major Beneficiary and it received a donation of \$50,000.

Prior to her induction in 2011, Lion May was awarded 1st Runner Up of the HSC Outstanding Achievement Award in 2006 by Sydney Pacific Lions. Following that, her efforts in humanitarian work were recognized as she was chosen Winner of the Sydney Chinese Lions Humanitarian

Scholarship in 2011 on the basis of her valuable contributions in altruistic work.

Her articles recounting her observations as a newly inducted Lion were published in our Club's monthly Bulletins. Her involvement with Lions has been an inspiration for the younger generation. The likes of Lion May are exactly the type of dedicated young professionals that Lions need to attract to our ranks and files. May has impressed upon me that she is a young achiever with an honest intent to improve her knowledge and to use her skills to help others. I fully support her campaign as a 3-year Director of the Lions Nurses Scholarship Foundation Board.

We encourage the Lions of 201N5 to elect Lion May Wong as:

**3-Year Director
of the Lions Nurses
Scholarship Foundation Board
(2013-2016)**

Lion Mei Cheng JP
President
The Lions Club of Sydney Chinese Inc

Lion May's Objectives

- to help raise the profile of Lions in our communities, particularly amongst youths
- to support the work of the Lions Nurses Scholarship Foundation Board to facilitate the growth of its operations from strength to strength
- to assist fellow Lions in completing their projects and goals, particularly those related to the medical field



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Percentage relative to Club total membership numbers as per October WMMRs.



The Lions Club of Sydney Chinese Inc.

P.O. Box K422
Haymarket NSW 2000

www.sydneychineselions.org.au

We Serve

The Lions Club of Sydney Chinese Inc. is a member of Lions Clubs International, an international non profit community service organization, upholding a common motto "WE SERVE". Today, there are Lions clubs in 207 countries and geographical areas all over the world. In District 201N5, which covers the Sydney area and Norfolk Island, there are some 71 clubs with around 1,650 members. Amongst these, there are around 7 Chinese-based clubs. Sydney Chinese Lions is the first of these Chinese-based clubs chartered in April 1995.

Over the past seventeen years, under the leadership of President Mei Cheng, Past President & 2nd Vice District Governor Dr Anthony Cheung and other Past Presidents, in conjunction with the relentless effort of its members, and on top of all these, the generous donations and sponsorships received from the community, the club has donated over \$500,000 to a number of charities including the Royal Flying Doctor Service of Australia, St John (NSW), the Australian Red Cross, Lions Clubs International Foundation, CareFlight, the Sir David Martin Foundation, the Fred Hollows Foundation, Westmead and Concord Hospitals, the Children's Mobility (Hart Walker) Foundation and the Elderly Australian Chinese Homes. Thousands have reaped the benefits. The club is also mindful of the well being and good health of our community, hence they have in place their annual health seminars, teal ribbon scholarships and traditional Chinese Medicine Research Scholarships.

Visit us at our Award Winning Website
www.sydneychineselions.org.au

Upcoming Events

Function	Venue/ Dress Code	Date & Time	Cost per person
October Members Meeting Sydney Chinese Lions	Zilver Restaurant	Wednesday 3 October 2012 7:00 for 7:30pm	\$30 per person
Annual Health Talk Seminars Sydney Chinese Lions	Burwood RSL Club	Sunday 14 October 2012	Free of charge
District 201 N5 Convention District 201 N5	Lithgow	16-18 November 2012	Click link below to register: http://www.lionsclubs.org.au/DownloadDocuments/Conventions/Registration%20form%20for%20District%20201N5%20Lithgow.pdf
Wealth Management and Public Welfare Forum Sydney Chinese Lions	Club Burwood Burwood Road	Saturday 24 November 2012	Free of charge